



"AND THE TROUBLE IS,
IF YOU DON'T RISK ANYTHING,
YOU RISK EVEN MORE."

- ERICA JONG



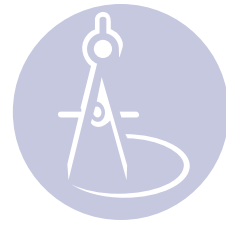
purist

SENSATION

The Purist

The Purist personality stems from the tendency to process information by sensation. Carl Jung says “people who have a strong sensation function are concerned above all, with things as they are.” Purists have the innate ability to embrace what lies at hand. No clutter of knickknacks from a rummage sale here!

This makes a Purist’s space a place where one of two things can happen: ultimate precision, or ultimate chaos. The immediacy of the moment will always take precedence. So if the topic is the home and decor, the choices are informed and impeccably accurate. If, however, the topic is work or cooking, then the task is thorough and the food gourmet. Precise and immediate, the Purist, unlike other personalities, can block out what isn’t needed and zero in on the task at hand. The result is ultimate focus and character.



The Purist personality stems from the tendency to process information by sensation.

purist



DELIBERATE, AMBITIOUS, ANALYTICAL, PUNCTILIOUS,
AND WITTY.



Inside the Purist Circle

Purists care less for aesthetics than functionality. Function can be realized and grasped with your keen intellect.

PURIST ISSUE 1

For the Purist environment, an issue of caution lies in a space that demands too much. Dreams based on past behavior and future expectations are unattainable for the Purist. The fluidity of emotion that drives expectation is asking a Purist to find a needle in a haystack. The sensation of the moment producing analysis based on linear thinking is a precision that will not take jabbing, or coercion.

Purists care less for aesthetics than functionality. Function can be realized and grasped with your keen intellect. A methodical approach to the ergonomics of your home will serve you well in approaching the more fluid aspects of color, texture, and changing light.

STYLE

A clean, uncluttered fresh look satisfies your quest for balance and serenity. You have an innate sense of elegance and space. Quality and style are partners you can trust. You may have a desire to reject the flamboyant or hand-aged whimsy of trendy objects. Instead, you favor more classical lines of structure.

SPACE PLANNING

A fluid, hap-hazard arrangement does not suit your good taste. Homes tend either to run like a well-oiled machine or in utter chaos simply because the home is not the priority until you make it “the” priority. Pure Purists can make do with very little when things are not working or in complete shambles. Use this to your advantage by creating a clean, minimalist look with good lines, little clutter, and modern, open space. Simplify when selecting art objects and accessories.

Purists are usually very organized but not always neat. None the less, Purists know where things should go and how they are ordered.

LIGHTING

Keep lighting beautiful as well as functional. Avoid using a single lamp or merely a utilitarian or functional one. You deserve accent lights and mood lights to create a world of beauty. Don't just get by.



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PURIST ISSUE 2

Stay open to change. Beware of battening down your hatches too soon or too tight. As a Purist you have the genius to consistently know what you want and what you need. When the winds of change blow your way, stay open to the ideas and feelings. The greater danger is shutting out brilliance and opportunity from elsewhere.

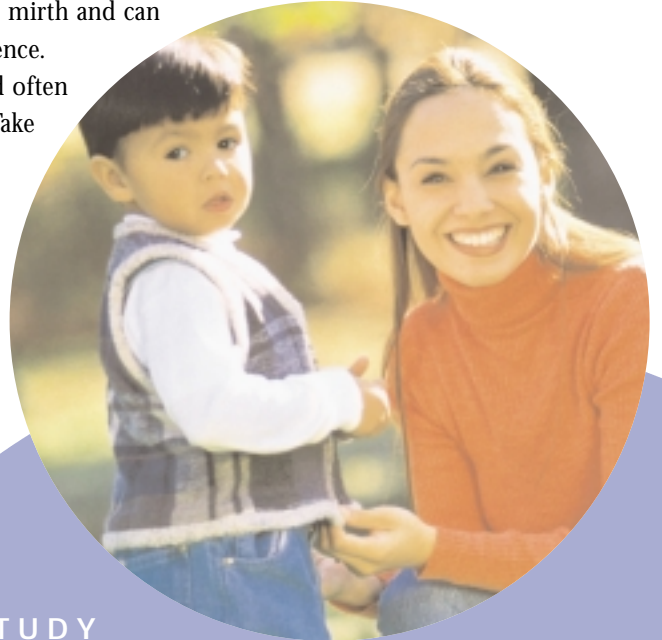
Keep your environment open to change. Provide storage and room for those new ideas or things that come your way – an “in” basket for those ideas that come into your home that do not have a place or an immediate fit.

When change happens, you will be ready for it. Your home organization will not be upset, strict, or threatened, but open, balanced, and inviting.

Use up-front reality to guide you through the complexities and intensities that beguile and mystify. You have an innate sense of compassion and mirth and can interject yourself into group settings most smoothly with confidence.

Take a leap into the unknown. Purists are great organizers and often over-schedule or schedule relaxation as seriously as their work. Take care that relaxation does not lose its play and spontaneity. Take time to play, to dare, and to dream.

“CHANGE IS NATURAL IN OUR ENVIRONMENT. WE CAN WORK TO SEE THE CHANGE BEFORE US.” - POLLY



CASE STUDY PURIST

Catlin is a sweet, caring mother of three school age children. Recently divorced, she faced new challenges in rebuilding a life with a space that supported the changes she was experiencing. As a Purist, Catlin had a strong need to have a LifeSpace that supported her needs as a parent and those of her children. She wanted her home to be just right but had real limitations of time, resources and emotional energy. As I worked with her, we focused on a design process of one issue and one room at time. We began with remodeling her bath. As the smallest room in the house this gave Catlin an area that was easy to begin with. Her success on this project gave her confidence to move onto larger projects within her home. As she completed each room, her home became more and more of what she needed. Each space created with precision, building confidence for the next phase. We created a home that was being transformed into a comforting space – a space that expressed her clear sense of perfectly balanced and beautiful things. Catlin’s careful rebuilding of her home expressed her love for her children and gave her confidence to have friends and family over. Her comfort with her space created a warm environment for others to relax and bring comfort to her. The home expressed Catlin. It came full circle to embrace her needs and those surrounding her.



Purist

Deliberate, ambitious, analytical, punctilious, and witty.

EATING

Gourmet food is not lost on you. Rough it or enjoy the best.

BATHING

The particulars are important, as are function and detail, cleanliness, and order in design.

SLEEPING

Sleep is a bedroom's function (no eating in bed). A good bed is important.

WORKING

Work is for the office area. Keep a separate space for breaks. You organize by task.

PLAYING

Work hard, play hard. You guard your play time.

TRAVELING

Travel is necessary to reach your destination.

STORING

Storage is organization. Store well and other things will go smoothly.

THINKING

Thought Process = Now. You deal with problems immediately and don't share.



Strategies for Combining Profiles Within the Same Environment

Your health and inner balance in life are key to who you are and how you handle your space.

The following design combinations reflect individual relationships with their environment. Think about how they apply to you. Knowing your LifeTraits is the first step in knowing the kind of LifeSpace environment that you require.

THE PURIST

Strengths: ability to fine-tune and perfect the goal. You have the analytical skills to guide others through treacherous, technical waters to smooth sailing.

Weaknesses: a tendency to narrow a project before others are ready, and to insist on your own way. (This may be because you may know more about the project subject.)

● ● **Purist/Purist:** When Purists are paired, conflict may arise when you both lack the time to create order. Simplicity is important-but unless you can prioritize your space, too many items may compete for limited areas of function, display, and use.

- Take time to communicate your priorities and goals to each other.
- Respect each other's need for order and personal control.
- Remember to plan ahead and yet be spontaneous. Purists can easily get in a rut. With two involved this is twice as likely. Approach risk with positive anticipation.

● ● **Purist/Explorer:** When a Purist and an Explorer are paired, this combination can create difficulties. Your desire to reject the flamboyant, reckless style of the Explorer could result in conflict.

- Use your ability to analyze a situation. Gather information about the Explorer's need for no boundaries in design. Collect these ideas into an organized, sleek design solution.
- Work to harness the Explorer's energy and enthusiasm for discovery. Explorers are tremendous strategists, adept at working out possibilities and solutions for your analysis.
- Be careful not to stifle the Explorer's need to continue debating or examining all of the minute possibilities. Purists like you are good at project focus. This will aid the Explorer in making choices and meeting goals that are important.
- It will be up to you to set limits and expectations that you are comfortable with.



FLEXIBILITY

Know how to adapt and when to bend with the end in mind.



Knowing how to accommodate someone else and still fulfill your needs is vital to clear communication.



● ● **Purist/Director:** When a Purist and Director are paired, there can be areas of disagreement about objects and their functionality. You, the Purist, need to create a minimalist solution. Work with the Director to facilitate elegant outcomes for more traditional ideas.

- Have the Director identify the areas he or she desires for housing state of the art entertainment systems, technical equipment and objects important to you.
- As a Purist, you can make the space accommodate items supporting your needs, and the Director is likely to be visually satisfied as well.
- Your tastes and opinions matter. Work with your Director counterpart to incorporate your style. A Director's need for visual stimulation may result in arrangements that border on clutter.
- Help your Director choose things that you will like and serve the function you need. He or she can remain at the helm, and you can enjoy the outcome. Both of you can be happy.

● ● **Purist/Naturalist:** When a Purist and Naturalist are paired, a careful approach is suggested. Naturalists love the hand-made, home spun, outdoors look that may not mirror your tastes. Their ideas may also seem unpredictable and inconsistent. This difference in personal outlook and style may spill out in other areas such as storage, organization, and time management.

- Work with Naturalists to filter their inspiration into areas that are acceptable-that is, provide a Naturalist with a personal studio. This will allow room for individual creativity. Or set aside other areas for your Naturalist to have free expression.
- Try, however, to provide some areas for the Naturalist to join with yours. Naturalists love to communicate and feel most needed when they can contribute. Complete isolation will only encourage conflict and alienation.
 - Team up in planning. Take advantage of the Naturalist's gift for flexibility and relaxed charm. It is a good combination with your Purist precision and careful thought for stylish and ordered comfort.

As you can see, each of the LifeTraits, including yours, is unique. Every personality will handle a situation individually. Your LifeTraits will help you better understand how to approach an environment situation with your partner or friend.

Your needs and the needs of your counterpart are very different. Knowing how to accommodate someone else and still fulfill your needs is vital to clear communication.

“ALLOW ROOM TO CHANGE YOUR MIND.” - POLLY